



Dear Parent/Guardian,

Memorial SportsCare at Abraham Lincoln Memorial Hospital utilizes ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing), an innovative program for students and athletes that assists physicians, medical providers, athletic trainers, and physical therapists in evaluating and treating traumatic brain injuries (e.g., concussion). To help these trained healthcare professionals better manage concussions sustained by active students and athletes, **Memorial SportsCare at ALMH is offering FREE baseline ImPACT tests for 6th, 7th, and 8th grade students of our school** that will be administered on-site during school hours on May 4th, 2017.

ImPACT is a computerized neurocognitive exam used in many clinical, professional, collegiate, and high school sports programs across the country. If an athlete is believed to have suffered a head injury during physical activity, ImPACT is a tool that can be used by a trained healthcare professional to evaluate the severity of the head injury and the athlete’s recovery from that injury.

Ideally, the “baseline” computerized exam is given to students/athletes prior to beginning contact sport practice or competition each year until high school age. This simple, non-invasive test is set up in a video-game type format and takes about 30-45 minutes to complete. It tracks information such as memory, reaction time, speed, and concentration. In addition, to help healthcare providers better understand the athlete’s particular healthcare situation, there also are questions about the athlete’s health history as well as current symptoms that he or she may be experiencing. ImPACT is not an IQ test.

If a concussion is suspected, the student or athlete may be asked to re-take the test. The athlete’s performance on the “post-injury” test will be compared to his or her performance on the “baseline” and any differences in performance will be evaluated by our team of trained healthcare professionals. The test data will enable them to determine the appropriate course of treatment, including when return-to-activity is appropriate and safe for the injured child.

We wish to stress that the ImPACT testing procedures are non-invasive and pose no known risks to your child. Again, Memorial SportsCare at ALMH is pleased to offer this program to you at no charge, as it provides the best available information for managing concussions.

If you have any questions or concerns regarding the test itself, please feel free to email me. However, please address other questions to your school administrator.

Sincerely,

Ryan Davis, MS, ATC, PES, ITAT
Lead Athletic Trainer
Memorial SportsCare at ALMH
davis.ryan@mhsil.com

*If you do **NOT** wish for your child to complete this FREE baseline ImPACT test, please print this form, complete the portion below, and return to your school administrator/teacher.*

Printed Name of Student

Printed Name of Parent/Guardian

Signature of Parent/Guardian